

A soul who is full of Godly attainments is the *holiest*, the *highest* and the *richest*.

Today, the World Transformer, BapDada, has come to meet His companion children. He is seeing three special attainments on the forehead of each child – *holiest*, *highest* and *richest*. The *foundation* of this knowledge is to be *holy*, that is, to be pure. So, each child is the *holiest*; purity is not just celibacy, but purity in thoughts, words, deeds, relationships and connections. Just see, you Godly Brahmin souls are the *holiest* in all three aspects of time – in the beginning, in the middle and at the end. First of all, when souls reside in the supreme abode (Paramdham), you are the *holiest* there. Then, when you come down in the beginning, you are the *holiest* souls in the deity form. The speciality of a *holiest* soul, that is, of a pure soul, is that of remaining completely pure while living with a family. Others too become pure, but the speciality of your purity is that impurity doesn't *touch* your mind or intellect, even in your dreams. In the golden age, you souls are pure and your bodies are also pure. The purity of both the soul and the body of the deity souls is elevated. Just as you become the *holiest*, in the same way, you also become the *highest*. You are the highest of all Brahmin souls and you have become the children of the highest-on-high Father. In the beginning, in the supreme abode, you are the *highest*, that is, you reside with the Father. In the middle, too, you become worthy-of-worship souls. Such beautiful temples are built to you and you are worshipped with such discipline, in the right way. You deities are worshipped in the temples in the right way. Similarly, temples are built to others too, but only your deity forms are worshipped in the right way. So, you are the *holiest* and also the *highest*. As well as that, you are also the *richest*. In the world it is said, "*richest in the world*", but you elevated souls are the *richest* in the cycle. You are the *richest* throughout the cycle. Do you remember your treasures? Of how many treasures are you the masters? The imperishable treasures that you attain in this one birth last for many births. No one else's treasures last for many births. However, your treasures are spiritual. The treasure of powers, the treasure of knowledge, the treasure of virtues, the treasure of elevated thoughts and the treasure of the present time: all of these treasures last for birth after birth. The treasures that you attain in one birth go with you because you attain them from God, the Father, the Bestower of All Treasures. So, do you have the intoxication that your treasures are imperishable?

You have become easy yogis in order to attain these spiritual treasures. You accumulate the treasures with the power of remembrance. Also, at this time, you are carefree emperors who are full of all treasures. Do you have any worries? Do you? These treasures cannot be stolen by a thief, no king can swallow them up (take) them and water cannot drown them, and this is why you are carefree emperors. So, these treasures constantly stay in your awareness, do they not? So, why is remembrance easy? The basis of you having greater remembrance is your relationship and attainment. The more loving the relationship, the more natural your remembrance is, because there is love in the relationship. Where there is love, it is not difficult to remember the one you love; in fact, it is difficult to forget that one. So, the Father has created the basis for all relationships. Do all of you experience yourselves to be easy yogis? Or, are you yogis who find it difficult? Is it easy? Or, is it sometimes easy and sometimes difficult? When you remember the Father with a relationship and with love, remembrance is not difficult. Also remember the attainments. The Bestower of All Attainments has given you all attainments. So, do you experience yourself to be full of all the treasures? BapDada has also told you the easy way to accumulate the treasures. The way to attain all the imperishable treasures is a dot. Just as perishable treasures increase by adding a zero, similarly, the way to accumulate these imperishable treasures is also a dot. There are the three dots. A soul is a dot, the Father is a dot and whatever happens in the drama is a *full stop*, that is, a dot. So, do you know how to put a dot? What is the easiest punctuation mark to apply? It is to put a dot. So, each soul is a dot, the Father is a dot and by having this awareness, your treasures automatically accumulate. By remembering the Dot in a *second*, you receive so much happiness. All of these treasures are the right of your Brahmin life, because to be a child means to have a right, and you especially have a right to the three relationships. You made God your Father, your Teacher and also your Satguru. By having these three relationships, you attain sustenance, this study, which is your *source of income*, and blessings from the Satguru. You receive the blessings so easily. It is the birthright of you children to receive blessings from the Father.

BapDada is *checking* every child's account of accumulation. All of you also need to *check* your account of accumulation at every moment. The way to check whether you have accumulated something or not is: whatever actions you performed, you yourself are content and whoever you performed these actions with is also content. If there is contentment in both, then you can understand that you have accumulated something

in your account. If there isn't contentment in yourself or in the one with whom you performed that action, you haven't accumulated anything.

BapDada also continues to warn all of you children about the time. This present time of the confluence age is the most elevated of all in the whole cycle, because it is this confluence age that is the time to sow the seeds of elevated actions. It is the time to attain the practical, instant fruit. Every *second* of the confluence is the most elevated of all. Can all of you become stable in the bodiless stage in a *second*? BapDada has told you an easy method; use the method for constant remembrance. All of you say two words throughout the day and you say those words many times. Those two words are "I" and "mine". When you say the word "I", the Father has given you the introduction, "I am a soul". So, whenever you say the word "I", then remember "I am a soul". Do not think of "I" alone. As well as this, think, "I am a soul", because you know that you are an elevated soul, that you are a soul who has Godly sustenance. Then, when you say the word "mine", who is "mine"? "My Baba", that is, God, the Father. So, whenever you say the words "I" and "mine" then make this *addition*, "I, the soul", and "My Baba". The more you bring about the consciousness of "mine" with the Father, the easier your remembrance will become, because you never forget anything that is yours. Throughout the day, you only remember the things that are yours. By using this method, you can easily become constant yogis. BapDada has made every child sit on the *seat* of self-respect. If you bring the *list* of self-respect into your awareness, it is such a long list. When you are stable in your self-respect, there cannot be body consciousness. There will either be body consciousness or self-respect. The meaning of self-respect comes from that place of elevated awareness, that is, the soul. So, are all of you stable in your self-respect? The more you are stable in your self-respect, the more natural it will be to give respect to others. It is so easy to remain stable in your self-respect.

Do all of you remain happy? Those who remain happy themselves also make others happy. BapDada always says: Never lose your happiness throughout the day. Why? Happiness is such that, in just that happiness there is *health*, there is *wealth* and you are also *happy*. If there isn't happiness, life is without sweetness. It is of happiness that it is said: "There is no treasure like happiness." No matter how many treasures you may have, if you don't have happiness, you cannot attain anything from the treasures. It is of happiness that it is said: "There is no nourishment like happiness." So *wealth* is happiness (khushi), *health* is happiness, and your name is happy, and so you are *happy* anyway. So, there are all these three things in happiness. The Father has given you the treasure of imperishable happiness. Do not lose the Father's treasures. So, do you remain constantly happy?

BapDada has given you the *homework* to remain happy and to distribute happiness, because happiness is such that the more you distribute it, the more it will increase. Have you experienced this? You have experienced this, have you not? If you distribute happiness, when distributing it, it increases in you. When you please someone, you yourself become happy. So, have all of you done your *homework*? Have you? Those who have done it, raise your hands! Those who have done it – remaining happy, not giving reasons and excuses, but being an embodiment of solutions - raise your hands! Now, you will not say that "this happened", will you? Some children have written to BapDada with their *result*, saying to what *percentage* they remained OK. If you keep the aim, you will automatically develop the qualifications for the aim. Achcha.

Double Foreigners: Double foreigners, you don't forget your *original* foreign place, do you? Which place are you *originally* from? You remember that, do you not? This is why everyone calls you *double* foreigners. You are not just foreigners, but *double* foreigners. So, you probably never forget your *sweet home*. So, where do you live? You are seated on BapDada's heart throne, are you not? BapDada says: When any small or big problem comes, it is not a problem, but a *paper* to make you progress. So, BapDada's heart throne is your right. Be seated on the heart throne and the problem will become a toy. You will not then be afraid of the problem, but will play with it because it is a toy. All of you are those who have a flying stage, are you not? Do you have the flying stage? Or, are you those who walk? Are you those who fly or those who walk? Those who fly, raise your hands! The ones who fly. You are only half raising your hands. Are you those who fly? Achcha. Do you sometimes stop flying? Let it not be: "I am moving along." Some say to BapDada, "Baba, we are moving along very well." So, BapDada asks: "Are you walking or flying? Now is not the time to walk; it is now the time to fly. All of you have wings of zeal and enthusiasm and courage. So you have to fly

with your wings. So check every day: Am I flying in the flying stage? It is good. BapDada has seen in the *result* that the number of centres is increasing abroad, and they have to increase. Just as you are *double* foreigners, now do *double* service, with your mind and also with words. Use the power of your mind to create a spiritual attitude for all souls. Create an atmosphere. Do you not feel mercy seeing the sorrow increasing? People are crying out in front of your non-living images, “Have *mercy* on us! Have *mercy* on us!” Now become merciful and compassionate. Have mercy for yourself and also for souls. It is good that you come every season, in every *turn*. Everyone has this happiness. So continue to fly and make others fly. It is good. BapDada has seen in the result that you are now going fast in transforming yourselves. So, the speed of self-transformation will increase the speed of world transformation. Achcha.

Those who have come for the first time, stand up! Congratulations to all of you for your Brahmin birth. Achcha. You will receive *toli* anyway, but BapDada is feeding you the *dilkhush* (happy heart) *toli*. Always remember this *dilkhush toli* for coming to Madhuban the first time. That *toli* will finish as soon as you put it in your mouth, but this imperishable *dilkhush toli* will always remain with you. Welcome! BapDada and the whole family in this land and abroad are happy to see you, our brothers and sisters. Everyone is watching. Those in America are watching. Those in Africa, those in Russia and those in London are also watching all of you. All five continents are watching you. So, while sitting there, everyone is congratulating you on your birthday. Achcha.

Do you remember BapDada’s spiritual drill? (BapDada conducted drill.) Now, BapDada wants every child, whether old or new, little or senior – in fact, the little ones can quickly become like the Father – so now, your minds have to become stable and concentrated whenever you want in a *second*. Constantly continue to perform this drill of concentration. Now, become a master of your mind in a second and become stable in the awareness of, “I and my Baba are my world, and there is none other.” Achcha.

To all the intense effort-making children everywhere, to the children who are embodiments of the experience of the flying stage with the wings of zeal and enthusiasm, to the children who remain constantly seated on their seats of self-respect, to the constantly merciful and compassionate children who give souls of the world a drop of happiness and peace with the power of their minds, to the children who are constantly merged in the Father’s love and seated on His heart throne, BapDada’s love, remembrance and namaste.

Are all of you very, very, very happy? Are you happy? Are you very happy? How happy are you? So, constantly remain like that. Whatever happens, let it happen. Now, you just have to remain happy. You have to fly; no one can bring you down. Make it firm. Is this a firm promise? How firm is it? Simply remain happy and give happiness to everyone. Even if you don’t like something, don’t lose your happiness. Just manage the situation as best you can, but do not let your happiness go. The situation will finish anyway, but your happiness has to go with you, does it not? However, whatever has to go with you, you let go of that, and whatever has to leave you anyway and which you have to leave, you keep that with you! Do not do this! At *amrit vela*, every day, first of all, feed yourself the nourishment of happiness. Achcha.

Blessing: May you become a powerful form of a conqueror of attachment with your *sweet silence* stage of being merged in love.

You have a body, relations and *sanskars* of that body, and there are people and possessions, the atmosphere and *vibrations*, but you must not let any of them attract you. People may be crying out, but you just have to remain unshakeable. No matter how much matter and *Maya* come to play their final game and pull you to themselves, just remain absorbed in the stage of love, of being detached and loving to the Father. This is known as seeing but not seeing, hearing but not hearing. This is the *sweet silence* stage of being merged in love. When you create such a stage, you will then be called a soul who is blessed with having a powerful form of a conqueror of attachment.

Slogan: Be a *holy* swan and put aside the pebbles and stones of defects and continue to pick up pearls of goodness.

Avyakt Signal: Now ignite the fire of love and make your yoga volcanic.

In order to become the volcanic form, always remember that you now have to return home. To go back means to remain beyond. Since you have to go back to your incorporeal home, you have to make your costume according to that. So, you have to return and take others back. By having this awareness, you will automatically go beyond all relationships and all the attractions of matter, that is, you will become a detached observer. By being a detached observer, you will easily become a companion of the Father and equal to the Father.

Notice: Today is the 3rd Sunday World Meditation Hour when all Raja Yogi tapaswi brothers and sisters collectively sit for yoga from 6.30 – 7.30pm. At the time of yoga, be stable in your subtle, angelic form, listen to the call of the devotees and uplift them. Be “*master merciful*” and compassionate and cast a vision of mercy on everyone and give them the blessing of liberation and liberation-in-life.

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